

# A Thinking Environment®

A Bite Sized Taster Workshop with Linda Aspey

## What is it?



The Thinking Environment generates the best independent and creative thinking in individuals, teams, groups and whole organisations.

It was developed by Nancy Kline of *Time to Think* and is based on a tested observation: that the quality of everything we do depends on the quality of the thinking we do first. And the quality of that thinking depends mostly on the way that people treat each other when they're together – so they can think really well, for themselves and as themselves.

It is built around 10 principles or “Components” that can transform day to day conversations, team meetings, customer interactions, even whole organisational cultures.

## A Typical Session

I'll put together for you a relaxed yet pacy and interactive session of 60-90 minutes in which you can personally experience the impact of the Thinking Environment in groups. Here you can all discover for yourselves:

- how a Thinking Environment promotes high quality **thinking** and **decision-making**
- how it helps to build **trust** and unleashes **creativity**
- what it feels like when someone helps you to **ignite** your thinking
- a powerful **coaching** tool that enables the coachee to think things through so their resulting decisions are sound and fully actionable
- how it can transform **team** and **group meetings** of all kinds for maximum effectiveness.

## About Linda

I work with pioneering leaders and teams to build personal skills & create thriving relationships that transform their work, their impact and their organisation.

I'm a qualified executive coach, facilitator, supervisor, therapist and HR strategist and I've been hired by over 250 organisations, scores of teams and hundreds of individuals - mostly through [recommendation](#) - over the past 28 years.



And as Global Faculty of Nancy Kline's Time to Think, I teach, accredit & supervise Thinking Environment work for internal and external coaches and facilitators and for whole organisations. I'm an awarded Fellow of and accredited by BACP as a psychotherapist/counsellor, I have a master's in strategic HRM and am Professional Member of the Professional Speaking Association.